

WELCOME TO THE KNOX

BORN FROM A DREAM, BUILT WITH HARD WORK, DELIVERED WITH PASSION

Welcome to The Knox – a pub that brings together friends and family in one great space!

Our ethos is simple, to provide the perfect community pub for everyone – old friends coming together, families creating lasting memories, or new faces looking for a place to relax and have an enjoyable visit. Hopefully, you will enjoy what we serve you, have a relaxing time, and leave happy.



WEEKLY OFFERS

MIDWEEK FEAST

FIXED PRICE MENU AVAILABLE TUESDAY TO THURSDAY FROM 5PM!
2 COURSES £22 - 3 COURSES £27

TWOSDAY TUESDAYS

CHOOSE ANY TWO MEALS FROM OUR TWOSDAY MENU FOR £25

WICKED WEDNESDAY

ENJOY 15% OFF FOOD WHEN EATING FROM THE MAIN MENU
MAXIMUM TABLES OF 8, 5-8PM

THANK THE KNOX IT'S THURSDAY

HEADING INTO THE WEEKEND WITH THIS STRONG OFFER - GRAB ANY TWO
BURGERS OR STANDARD PIZZAS FOR JUST £22. AVAILABLE 5-8PM

FRIDAY - UNCORK THE WEEKEND!

GRAB THE GIRLS... 20% OFF PROSECCO ALL DAY

SIP, SHARE AND SAVE SATURDAYS

BUY TWO LARGE GLASSES OF HOUSE WINE AND GET THE BOTTLE, 12-6 EVERY SATURDAY.
PERFECT FOR WEEKEND VIBES AND GOOD TIMES WITH FRIENDS.

TERMS APPLY - ASK FOR DETAILS

Please be aware that our gluten free and Vegan menu items are prepared and cooked in the same kitchen as all our dishes. We work hard to ensure there is no cross contamination by using separate work stations and fryers however we **cannot 100% guarantee** this. There is a chance that trace amounts may cross over from other kitchen areas.

Thank you for understanding our kitchen limitations and please speak to our staff if you are vegan or gluten intolerant as we can cater for most and alter dishes accordingly if we know in advance.

BAR SNACKS

8 EACH OR 3 FOR £20 - ALL DAY EVERY DAY

BREAD & OIL 

CHICKEN SATAY SKEWERS 

VEGETABLE SAMOSAS, DIP 

FALAFEL AND OLIVES 

HONEY MUSTARD STICKY PIGGIES

SALT AND PEPPER CALAMARI

CHEESY GARLIC BREAD 

MAC AND CHEESE 

NACHOS, CHEESE, JALAPENOS 

STARTERS AND LIGHT BITES

SOUP OF THE DAY  

Warm bread, salted butter

CHARCUTERIE BOARD 

A selection of cured meats, olives, hummus, garlic & rosemary focaccia

TURKISH MEZZE 

Olives, hummus, feta, falafel, garlic mint yoghurt and traditional Turkish flatbread.

ADD A CHICKEN KEBAB £5

7.5 SEAFOOD BAKE

Prawns, smoked haddock and salmon in a creamy sauce with a cheese crumble topping, served with bread

12

BRUSCHETTA 

Roasted squash, whipped goats cheese and pickled red onions. Toasted focaccia and hot honey

12.5

BAKED CAMEMBERT  

A whole camembert baked with rosemary and garlic, caramelised onion chutney, rosemary focaccia for dipping - great to share

10.5

CHICKEN LIVER PATE 

Smooth, rich chicken liver pate with brandy and herbs, sweet and smoky bacon jam - toasted sourdough for spreading

9

BEEF TACO

flour tortillas loaded with spiced chilli beef, finished with fresh salsa and lime

10.5

GARLIC MUSHROOMS  

Sautéed button mushrooms in a rich garlic butter sauce, finished with a touch of cream and fresh herbs

8.5

MAINS

TRADITIONAL FISH & CHIPS 

Beer battered golden haddock, triple cooked thick cut chips, mushy peas or garden peas, chef's tartare sauce and a wedge of lemon.

ADD A JUG OF CURRY SAUCE £3

18

FISH PIE 

White fish, salmon, prawns and smoked haddock in a cream sauce topped with a cheesy mash, served with garden peas.

19

SAUSAGE & MASH

Signature Cumberland sausages, buttery mash. Finished with a rich slow cooked gravy, buttered vegetables

17

STEAK & ALE PIE

Tender chunks of slow cooked beef in a rich ale gravy, encased in golden shortcrust. Buttery mash or triple cooked and seasonal vegetables

19

PAN ROASTED SEABASS 

Served on a chorizo and butterbean cassoulet, topped with crispy kale and finished with garlic oil.

21

SIZZLING FAJITAS

Chicken or Steak cooked with onions and peppers. Pickled red onion, Pico de Gallo, guacamole, sour cream and cheese. Soft flour tortillas

17

YORKSHIRE PUDDING WRAP

Choose from roast topside of beef and gravy, chicken and peppercorn sauce or garlic mushrooms, wrapped in a Yorkshire pudding with roasties and seasonal vegetables on the side

18

LASAGNE AL FORNO

Homemade beef lasagne with slow-cooked ragu layered with pasta and creamy béchamel, baked until golden and bubbling, garlic bread

16.5

HANGING KEBABS

Lamb or chicken skewer with pepper and onion. Fries, salad, flatbread, chilli sauce, mint yoghurt

20

MOULES FRITES 

1kg of mussels cooked in a white wine, onion, garlic and parsley cream sauce. Served with fries and warm bread

21

FROM THE GRILL

Beef and Chicken steaks served with a tomato and rocket salad, a choice of new potatoes, chips or fries and a choice of sauce

PEPPERCORN | BLUE CHEESE SAUCE | CHIMICHURRI | GARLIC BUTTER

8oz SIRLOIN PAVE STEAK

Our most popular steak, oh so lean and grilled to your liking

27

10oz RUMP STEAK

Juicy, flavoursome and cooked to perfection

25

SURF YOUR TURF

Add 5 garlic butter king prawns to your steak or chicken £7

BUTTERFLY CHICKEN STEAK

Chargrilled butterfly chicken breast, tender and healthy.

18

BBQ SPARE RIBS

Chargrilled pork ribs drenched in our own BBQ sauce served with slaw and fries

19

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GLUTEN FREE AVAILABLE



VEGETARIAN

BURGERS

Burgers are in a toasted sesame brioche bun, with fresh salad and house burger sauce. Triple-cooked chips or fries, onion rings, tomato relish .

Personalise it with any of our delicious toppings below.

THE KNOX  15

Our signature 8oz beef burger, cooked on the chargrill, salad, house burger sauce, tomato relish, onions rings, chips or fries

SOUTHERN FRIED CHICKEN 15

A lightly spiced breaded chicken burger, salad, , house burger sauce tomato relish, onion rings, chips or fries. Great on its own or add some toppings

PIZZAS

Hand stretched with a tomato base, topped with mozzarella, cooked in a stone oven. Make it your own from the toppings below.

MARGHERITA 14

As it comes, tomato base and mozzarella

PEPPERONI 15.5

Pepperoni, jalapeños tomato sauce and mozzarella

KIYMALI PIDE 18

Homemade Turkish flatbread topped with a delicious mild spiced minced beef and cheesy egg baked topping.

SHARING

WINTER CHARCUTERIE SHARER 35

Rosemary and garlic baked camembert, cured meats, chicken liver pate, Stilton, cheddar, chutney and pickles, warm bread

MEXICAN NACHOS

Our staple and ever popular nachos, in two sizes, to share or not! Tortilla chips, loaded with melted cheese, jalapeños. spicy tomato salsa, sour cream and guac then choose your topping. 11/16

BBQ PULLED PORK

SPICY CHILLI BEEF 

BURGER AND PIZZA TOPPINGS

MEATS 2	CHEESE 1.5	VEGGIE 0.75
PEPPERONI PULLED PORK	CHEDDAR BLUE CHEESE	MUSHROOMS FRIED ONIONS
BACON JAM BACON	GOATS CHEESE	JALAPEÑOS
CHORIZO		

SIDES

CHIPS / FRIES 4.25

PARMESAN TRUFFLE FRIES 6.5

GARLIC BREAD 6

HOUSE SALAD 5

ONION RINGS 5

SEASONAL VEGETABLES 5.5

BUTTERED NEW POTATOES 5.5

VEGAN

BAD BOY THAI BURGER 14 **MOUSAKKA**  17.5

A vegan oriental flavoured burger. salad, sweet chilli sauce, chips or fries .

Homemade mousakka, layers of aubergine, courgette, peppers, onion with a tomato sauce, topped with vegan cheese. Served with salad and chips

BEETROOT AND BUTTERNUT SQUASH WELLINGTON 18

A vegan wellington with proper pastry but vegan, seasonal vegetables , chips and vegan gravy

UNDER 12'S

FISH FINGERS 8

Breaded fish fingers, with a choice of beans or garden peas and chips or fries

POPCORN CHICKEN 8

Bitesize chicken pieces , with a choice of beans or garden peas and chips or fries

MAC N CHEESE  8

Lashings of cheese sauce over macaroni then under the grill to give it a crispy topping

PENNE PASTA  7

Penne pasta dressed simply with either a basil pesto or tomato sauce

PENNE BOLOGNAISE 8

Our own homemade beef bolognese on a bed of penne pasta

CHEESEBURGER 8

Juicy 4oz beef burger topped with melted cheddar with chips or fries

SAUSAGE & CHIPS 8

Mini pork sausages or Quorn sausages with chips

SUNDAY LUNCH 10

Choose from Beef, Ham or Turkey Mashed potato seasonal vegetables, Yorkshire pud and gravy . Only available Sundays

DEALS

MIDWEEK FEAST

FIXED PRICE MENU AVAILABLE TUESDAY TO THURSDAY FROM 5PM!
2 COURSES £22 - 3 COURSES £27

TWOSDAY TUEDAYS

CHOOSE ANY TWO MEALS FROM OUR TWOSDAY MENU FOR £25

WICKED WEDNESDAY

ENJOY 15% OFF FOOD WHEN EATING FROM THE MAIN MENU, MAXIMUM TABLES OF 8, 5-8PM

THANK THE KNOX ITS THURSDAY

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FRIDAY - UNCORK THE WEEKEND!

GRAB THE GIRLS.... 20% OFF PROSECCO ALL DAY

SIP, SHARE AND SAVE SATURDAYS

BUY TWO LARGE GLASSES OF HOUSE WINE AND GET THE BOTTLE, 12-6 EVERY SATURDAY.

TERMS APPLY - ASK FOR DETAILS

UPSIDE DOWN ICE CREAM CONE 5

Choose your flavour

Chocolate ice cream with chocolate sauce and chocolate & fudge sprinkles

Strawberry ice cream with strawberry sauce, marshmallows and rainbow sprinkles

FOR THE LITTLE ONES

Add a scoop of vanilla or chocolate or strawberry ice cream with sprinkles and sauce to any children's meal

FIXED PRICE

SERVED TUESDAY - THURSDAY 5-8PM

2 COURSE £22

3 COURSE £27

STARTERS

SOUP OF THE DAY

Warm bread, salted butter

CHICKEN LIVER PATE

Smooth, rich chicken liver pate with brandy and herbs, sweet and smoky bacon jam - toasted sourdough for spreading

BRUSCHETTA

Roasted squash, whipped goats cheese and pickled red onions. Toasted focaccia and hot honey

GARLIC MUSHROOMS

Sautéed button mushrooms in a rich garlic butter sauce, finished with a touch of cream and fresh herbs

MAINS

THE KNOX BURGER

Our signature 8oz beef burger, cooked on the chargrill, salad, house burger sauce, tomato relish, onions rings, chips or fries

SOUTHERN FRIED CHICKEN BURGER

A lightly spiced breaded chicken burger, salad, house burger sauce, chips or fries and onion rings. Great on its own or add some toppings

YORKSHIRE PUDDING WRAP

Choose from roast topside of beef and gravy, chicken and peppercorn sauce or garlic mushrooms, wrapped in a Yorkshire pudding with roasties and seasonal vegetables on the side

SAUSAGE & MASH

Signature Cumberland sausages, buttery mash. Finished with a rich slow cooked gravy, buttered vegetables

BAD BOY THAI BURGER

A vegan oriental flavoured burger. salad, sweet chilli sauce, chips or fries. Available as veggie or vegan

PEPPERONI PIZZA

Pepperoni, jalapeños tomato sauce and mozzarella

LASAGNE AL FORNO

Homemade beef lasagne with slow-cooked ragu layered with pasta and creamy béchamel, baked until golden and bubbling, garlic bread

SIZZLING FAJITAS

Chicken cooked with onions and peppers. Pickled red onion, Pico de Gallo, sour cream, guacamole and cheese Soft flour tortillas

DESSERTS

TRILLIONAIRES TART

A rich chocolate and caramel tart served with either vegan or dairy vanilla ice cream

CHEESECAKE OF THE DAY

Please ask for todays cheesecake, served with vanilla ice

STICKY TOFFEE PUDDING

Served simply with fresh cream, ice cream or hot custard

CHOCOLATE FUDGE CAKE

Warm, rich chocolate cake, chocolate sauce, salted caramel ice cream

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 GLUTEN FREE AVAILABLE

 VEGETARIAN

SUNDAY MENU

BAR SNACKS 8 EACH OR 3 FOR £20 - ALL DAY EVERY DAY

BREAD & OIL

CHICKEN SATAY SKEWERS

VEGETABLE SAMOSAS, DIP



FALAFEL AND OLIVES

HONEY MUSTARD STICKY PIGGIES

SALT AND PEPPER CALAMARI



CHEESY GARLIC BREAD

MAC AND CHEESE

NACHOS, CHEESE, JALAPENOS



STARTERS AND LIGHT BITES

SOUP OF THE DAY

Warm bread, salted butter



8

SEAFOOD BAKE

Prawns, smoked haddock and salmon in a creamy sauce with a cheese crumble topping, served with bread

10.5

CHICKEN LIVER PATE

Smooth, rich chicken liver pate with brandy and herbs, sweet and smoky bacon jam - toasted sourdough for spreading

9

CHARCUTERIE BOARD

A selection of cured meats, olives, hummus, garlic & rosemary focaccia



12

BRUSCHETTA

Roasted squash, whipped goats cheese and caramelised red onions. Toasted focaccia and hot honey

9

BEEF TACO

flour tortillas loaded with spiced chilli beef, finished with fresh salasa and lime

10

TURKISH MEZZE

Olives, hummus, feta, falafel, garlic mint yoghurt and traditional Turkish flatbread.



12.5

BAKED CAMEMBERT

A whole camembert baked with rosemary and garlic, caramelised onion chutney, rosemary focaccia for dipping -great to share

14

GARLIC MUSHROOMS

Sautéed button mushrooms in a rich garlic butter sauce, finished with a touch of cream and fresh herbs

8.5

ADD A CHICKEN KEBAB £5

SUNDAY ROASTS

CHOOSE FROM

32 DAY AGED BEEF
TOPSIDE

ROAST PORK &
CRACKLING

ROAST TURKEY
CROWN

HONEY ROAST
HAM

Pan fried carrots and green beans, braised red cabbage, mashed and roasted potatoes.

Topped off with a home cooked Yorkshire pudding

SMALL 13.95

One Meat

STANDARD 17.5

Two Meats

XL 21.5

3 Meat + Extra Yorkie

DONT FORGET YOUR CAULIFLOWER CHEESE AND PIGS IN BLANKETS

MAINS

TRADITIONAL FISH & CHIPS

Beer battered golden haddock, triple cooked thick cut chips, mushy peas or garden peas, chef's tartare sauce and a wedge of lemon.

ADD A JUG OF CURRY SAUCE £3

18

FISH PIE

White fish, salmon, prawns and smoked haddock in a cream sauce topped with a cheesy mash, served with garden peas.

19

SAUSAGE & MASH

Signature Cumberland sausages, buttery mash. Finished with a rich slow cooked gravy, buttered vegetables

17.5

STEAK & ALE PIE

Tender chunks of slow cooked beef in a rich ale gravy, encased in golden shortcrust. buttery mash or triple cooked chips and seasonal vegetables

19

HANGING KEBABS

Lamb or chicken skewer with pepper and onion. Fries, salad, flatbread, chilli sauce, mint yoghurt

20

MEXICAN NACHOS

Our staple and ever popular nachos, in two sizes, to share or not! Tortilla chips, loaded with melted cheese, jalapeños. spicy tomato salsa, sour cream and guac then choose your topping.

11/16

BUTTERFLY CHICKEN STEAK

Chargrilled butterfly chicken breast, tender and healthy. served with rocket and tomato salad, choice of new potatoes chips or fries.

18

LASAGNE AL FORNO

Homemade beef lasagne with slow-cooked ragu layered with pasta and creamy béchamel, baked until golden and bubbling, garlic bread

16.5

**BBQ PULLED PORK
SPICY CHILLI BEEF**

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SUNDAY MENU

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Personalise it with any of our delicious toppings

THE KNOX  15
Our signature 8oz beef burger, cooked on the chargrill, salad, house burger sauce, tomato relish, onions rings, chips or fries, ask for extra toppings.

SOUTHERN FRIED CHICKEN 15
A lightly spiced breaded chicken burger, salad, house burger sauce. Great on its own or add some toppings

VEGAN

BAD BOY THAI BURGER 14  17.5
A vegan oriental flavoured burger. salad, sweet chilli sauce, chips or fries . Available as veggie or vegan

VEGETABLE MOUSSAKA  17.5
Homemade mousakka, layers of aubergine, courgette, peppers, onion with a tomato sauce, topped with vegan cheese. Served with salad and chips

BEETROOT AND BUTTERNUT SQUASH WELLINGTON 19
A vegan wellington with proper pastry but vegan, seasonal vegetables , chips and vegan gravy

SIDES

CHIPS / FRIES	4.25	SEASONAL VEGETABLES	5.5
PARMESAN TRUFFLE FRIES	6.5	BUTTERED NEW POTATOES	5.5
GARLIC BREAD	6	ONION RINGS	5
HOUSE SALAD	5	CAULIFLOWER CHEESE	5.5
		PIGS IN BLANKETS	8

UNDER 12'S

DEALS

FISH FINGERS 8

Breaded fish fingers, with a choice of beans or garden peas and chips or fries

POPCORN CHICKEN 8

Bitesize chicken pieces , with a choice of beans or garden peas and chips or fries

MAC N CHEESE 8

Lashings of cheese sauce over macaroni then under the grill to give it a crispy topping

PENNE PASTA 7

Penne pasta dressed simply with either a basil pesto or tomato sauce

PENNE BOLOGNAISE 8

Our own homemade beef bolognese on a bed of penne pasta

CHEESEBURGER 8

Juicy 4oz beef burger topped with melted cheddar with chips or fries

SAUSAGE & CHIPS 8

Mini pork sausages or Quorn sausages with chips

SUNDAY LUNCH 10

Choose from Beef, Ham or Turkey Mashed potato seasonal vegetables, Yorkshire pud and gravy . Only available Sundays

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Choose your flavour

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Strawberry ice cream with strawberry sauce, marshmallows and rainbow sprinkles

FOR THE LITTLE ONES

Add a scoop of vanilla or chocolate or strawberry ice cream with sprinkles and sauce to any children's meal

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GLUTEN FREE AVAILABLE



VEGETARIAN

SUNDAY FIXED PRICE

2 COURSE £24

3 COURSE £29

STARTERS

SOUP OF THE DAY



Warm bread, salted butter

CHICKEN LIVER PATE



Smooth, rich chicken liver pate with brandy and herbs, sweet and smoky bacon jam - toasted sourdough for spreading

BRUSCHETTA



Roasted squash, whipped goats cheese and pickled red onions. Toasted focaccia and hot honey

GARLIC MUSHROOMS



Sautéed button mushrooms in a rich garlic butter sauce, finished with a touch of cream and fresh herbs

MAINS

STANDARD SUNDAY ROAST

Choose from 32 day aged beef Topside, tender turkey crown, honey roast ham or roast pork and crackling. Pan fried carrots and green beans, braised red cabbage, mashed and roasted potatoes. Topped off with a home cooked Yorkshire pudding

THE KNOX CHEESEBURGER



Our signature 8oz beef burger, cooked on the chargrill, melted cheddar, salad, house burger sauce, tomato relish, onions rings, chips or fries

LASAGNE AL FORNO

Homemade beef lasagne with slow-cooked ragu layered with pasta and creamy béchamel, baked until golden and bubbling, garlic bread

SAUSAGE & MASH



Signature Cumberland sausages, buttery mash. Finished with a rich slow cooked gravy, buttered vegetables

TRADITIONAL FISH & CHIPS

Beer battered golden haddock, triple cooked thick cut chips, mushy peas or garden peas, chef's tartare sauce and a wedge of lemon.

ADD A JUG OF CURRY SAUCE £3

VEGETABLE VEGAN MOUSSAKA



Homemade mousakka, layers of aubergine, courgette, peppers, onion with a tomato sauce, topped with vegan cheese. Served with salad and chips

DESSERTS

TRILLIONAIRES TART



A rich chocolate and caramel tart served with either vegan or dairy vanilla ice cream

CHEESECAKE OF THE DAY

Please ask for today's cheesecake, served with vanilla ice cream

STICKY TOFFEE PUDDING

Served simply with fresh cream, ice cream or hot custard

CHOCOLATE FUDGE CAKE

Warm, rich chocolate cake, chocolate sauce, salted caramel ice cream

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